

Consulting rooms are located at:

- Redfern
- Bankstown
- Campbelltown
- Seven Hills


Most services are free for clients referred by the GP/Psychiatrist or paediatrician under the Medicare scheme.

Behaviour intervention services are free for individuals with a disability who have challenging behaviours and live in our funded areas.

**To make an appointment or an enquiry
call 02 4620 9660.**

DSA Specialist Intervention Services

Website www.dsa.org.au
Email sisadmin@dsa.org.au
Phone 02 4620 9660
Fax 02 4620 9550



Quality of life through understanding

**Dont wait until it's too late.
Timely intervention can help to:**

- Reduce stress
- Increase independence
- Access the community
- Reduce frustration
- Improve relationships
- Increase communication
- Assist to access work and program placements
- Provide a long term view.



What is the Specialist Intervention Service?

DSA Community Support Services operates a Specialist Intervention Service for people with a disability (age 0-65) who have behaviours causing concerns and their families as well as staff working in the disability field.



Enhancing Lives

Our consultant psychologists are experienced in providing interventions to children, adolescents and adults. We specialise in services for people with developmental and psychiatric disabilities (including Dual Diagnosis and Autism Spectrum).

We offer:

- Assessments (*Intellectual Disability, Autism Spectrum inc. assessments and reports for the Guardianship Tribunal*)
- Dual Diagnosis (*Intellectual Disability and Mental Health*) assessments and intervention
- Psycho-education (*eg. sexual knowledge programs*)
- Behaviour intervention and support
- Interventions and therapy for anxiety and depression
- Relaxation strategies
- Skills training including: *Problem solving skills*
Anger management
Social skills training
Communication training
Stress management
Parenting skills training
- Autism and disability consultancy services
- Counselling to staff working in a disability field
- Training and research
- Graduates and Master students supervision



Flexible individualised service

Everybody is an individual and has different needs and goals. Our service is centered on each person and their needs.

DSA's Specialist Intervention Service has been designed to provide the highest degree of flexibility and innovation in provision of this service by:

- Taking a holistic approach to identifying and addressing the factors that may cause complex behaviour of concern in each individual
- Bringing the service to the individual and listening to their needs and concerns
- Focusing on each person as an individual and taking into consideration lifestyle and support arrangements when developing intervention strategies.