

DSA ON THE MOVE

BRINGING YOU LOTS OF FUN AND ADVENTURES

Our Mobile Community program has something for everyone!

Join us in activities like art & craft, fishing, science projects, yoga and pamper parties, and lots more.

Our Autumn program will run at a number of locations from 8th to 29th April.

Call now to book your spot.

We look forward to seeing you!

Important information:

- For ages 16 and over
- Transport is not included. Locations mentioned are the drop off/pick up zones
- Please bring lunch unless it's included in the program*
- Costs listed for each activity are program costs and are in addition to NDIS funding. If you do not have an NDIS plan please contact us for a Fee for Service quote.

For more information contact Eliza Field on

📞 0490 435 792

📞 1300 372 121

✉️ customerconnections@dsa.org.au

🌐 www.dsa.org.au



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ndis Service Provider

April Activities

Date/Time (April)	Activity	Location/Description	Cost
Monday, 8th 9am - 12pm 12pm - 3pm	Art in the Park BBQ at the Park 	Victoria Park Draw and paint from nature Lunch in the great outdoors	\$5 \$5
Wednesday, 10th 9am - 12pm 12pm - 3pm	Gaming session Lets get moving 	Marsden Weir Enjoy games on the Wii Outdoor gym & walking for fitness	Free Free
Friday, 12th 9am - 12pm 12pm - 3pm	Photography Movie Mania 	Victoria Park Get great photos on your iPad Relax while watching a movie	\$5 Free
Monday, 15th 9am - 12pm 12pm - 3pm	Creative Colours Beginners Yoga 	Belmore Park Adult colouring in session Learn yoga poses for fitness	Free Free
Wednesday, 17th 9am - 12am 12pm - 3pm	Art in the Park Games and fitness 	East Grove Park Create a self portrait Play soccer, cricket and on the Wii	\$5 Free
Wednesday, 24th 9am - 12pm 12pm - 3pm	Lets get Moving Art and Craft 	Victoria Park Outdoor gym & walking for fitness Card making session	Free \$5
Friday, 26th 9am - 12pm 12pm - 3pm	Knit and crochet Bargain buys 	Belmore Park Learn knitting and crocheting skills Trip to the Op shops (Please carry shopping money)	\$5 Free
Monday, 29th 9am - 12pm 12pm - 3pm	Wellness in the Park Club lunch & bingo 	Belmore Park Pamper session Lunch at the Goulburn Soldiers Club followed by bingo. (Please carry lunch money)	\$5 \$5

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