



JOIN OUR LIFE SKILLS PROGRAM

With a range of fun activities at our short term accommodation at Picton every week, there's something for everyone to enjoy.

Join us in activities like keeping fit through dance and yoga, safety, wellness and self-care sessions, learning to cook, travel training and lots more!

Days: **Mondays & Thursdays**

July to September

Time: **10am - 1pm**

Location: **McFaul House,
103 Menangle Street,
Picton**





Ask us for a detailed timetable of activities.

We look forward to seeing you.



**Live life
the way you
choose**

For more information contact Shaye Warren on

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